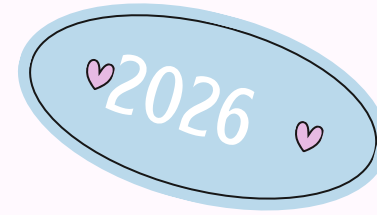


MAY

MEAL PLANNER



SUN	MON	TUE	WED	THU	FRI	SAT
					1 Labour Day Buddha Purnima (Holiday)	2 Holiday
3	4 Vegetable Poha	5 Rajma Rice	6 Vegetable Vermicelli	7 Curd Prantha	8 Party Food+Juice	23
10	11 DalGhiya and Chapati	12 Daliya (Porridge)	13 Bhindi + Chapati + Curd	14 Pulav= Curd=Salad	15 Vegetable Sandwich	23
17	18 Aloo Puri	19 Paneer Bhurji+ Chapati	20 Fried Idli	21 Vegetable Khichdi	22 Besan Chilla	23 PTM
24	25	26	27	28	29	30
31						